



Arundel Park Riding for Disabled Inc.

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TOE STOPPERS - TESTIMONIAL-2001

Riding for the Disabled Association Australia (RDAA) has implemented a Special Equipment Advisory Panel to give technical advice to the National Coaching and Safety Committee on the use of new equipment and aids to assist safety for riders.

Toe Stoppers have now been approved by RDAA for use in all Groups.

Coaches and riders at Arundel Park, an approved Training Centre for RDAA attended by 120 riders weekly, now use Toe Stoppers exclusively over other available clogs.

Benefits for Riders

- Improved Safety - Due to the correct depth of Toe Stoppers, feet are prevented from being either accidentally pushed or slipping too far through the stirrup. This assists riders (who usually ride with the iron on the ball of the foot) to stay in a balanced position so they are able to ride with more safety at trot and canter, and while jumping.
- More Confidence and Self-Esteem - Riders can feel they are more balanced with their feet in the correct position and are then able to work on other training aspects. Eliminates the negative aspect of constantly having to correct foot position.

Benefits for Coaches

- Safety for Riders - Coaches with less experience know that riders are using an approved safety product that assists with correct position and are more confident to start riders in trot and canter.
- Easy to Use - Takes seconds to attach. Quick and easy to demonstrate to riders and volunteers.

General Benefits

- Toe-Stoppers fit inside the iron, which makes them extremely stable.
- Variety of sizes still allows clearance between rider's footwear and iron.
- No signs to date of general wear and tear. (15hours weekly use)

GAIL STRIIC

 SENIOR COACH

Foundation Member of Riding For Disabled Association of Queensland Inc. Reg. Charity No. 1089
 Donations of \$2.00 and over are tax deductible.
 A voluntary, non profit organisation providing riding for people with disabilities.

