

TOE STOPPER REPORT & RIDER PROFILE

DATE	22 June 2004	SIGNED	
NAME	Sophia Gostelow (nee Crowe)		
ADDRESS	Somersby Falls Equestrian Park 40 Viitasalo Road SOMERSBY NSW 2250		
YEAR BORN	1971	PHONE	02 3721622 FAX 02431733 EMAIL sophiacrowe@ozemail.com.au

DISCIPLINE Please place tick below the discipline(s) you compete in

Show Jumping	Eventing	Dressage	Stockhorse Classes	Western Riding	Endurance Riding	Other (Please specify)
X						Coaching Elite Young Riders in Showjumping

BEST ACHIEVMENTS

2004	Sydney Royal, accepted in seven A Grade Competitions, Best result 1rail (4faults), worst 2 rails (8 faults) Horse : Big Bucks
2004	Sydney International Equestrian Centre 2 nd in 1.30m Horse : Big Bucks
2004	Castle Hill Show 2 nd Mini Prix Horse : Big Bucks
2004	Muswellbrook Show 2 nd Mini Prix Horse : Big Bucks
Big Bucks and I have only been together for 4 months.	

GOALS (IE Olympics 2008, World Cup, Nationals etc)

Jan 2005	Start Big Bucks in World Cup Qualifier at Bega Show – This is the short term goal.
2006	Ride in a World Equestrian Games and a World Cup Final – Long term goal.

Have you had your feet slip forward on the irons?	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>	Have you ever lost your Irons before?	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
What do you like about Toe Stoppers?					
They give great safety for training young riders to jump bigger fences, giving them a better lower leg position and allowing them to concentrate on the next fence. I also like to use them for schooling green horses and breaking in horses. It gives me a greater feeling of safety, that if I fall I will not be dragged.					
Are you aware of the danger of being hooked up and dragged	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>	Have you ever been hooked up or dragged?	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
Do you know of a rider who has been hooked up or dragged? Please briefly mention the incident.					
I was dragged myself, from a 17hh young horse just broken in. It spooked at some Ducks taking to flight, It bucked and unseated me, dragged me for a short distance, but that was bad enough to end up with a back and hip injury from this mild incident. Toe Stoppers would have prevented this from happening. I have also seen young children dragged, when their pony has taken off. Witnessing this was far more distressing than my own experience. I think Toe Stoppers should be used by all pony clubbers.. Also I have seen riders dragged at track work at Randwick race course, many track riders ride with their feet through the stirrup. Toe Stoppers would stop their feet going thru the stirrup.					